

## Instructions Following CO<sub>2</sub> Laser Surgery

- 1 Elevate feet whenever possible. Begin taking pain medication (Vicodin ES or Tylenol #3) if necessary, preferably before the local anesthesia wears off. The medication might make you drowsy. If the pain is not severe, you can take extra-strength Tylenol instead.
- 2 Appearance of blood spot through the dressing is not unusual. If the bleeding persists, contact my office.
- 3 Keep the dressings dry. If they get damp, dry them with a hair dryer. If they get soaked, call my office.
- 4 If, after three days you seem to have very little pain when walking, you may remove the dressings yourself. Apply a topical antibiotic (e.g. Neosporin or Silvadene) to the surgical sites and then cover the sites with a cloth band-aid (usually the two inch square type). You may need to put two or three band-aid squares over the sites for padding. Keep the band-aid on while bathing. Wear comfortable, flexible shoes with cushioned soles (preferably running or walking shoes) initially. Return to your regular shoes as tolerated.
- 5 If the surgery performed was extensive, or you are more comfortable with the dressing on, then just leave it on until your first postoperative visit (usually one week after surgery).
- 6 See me every two weeks until the sites heal, and then one month, three months and six months after surgery to prevent recurrence. See me sooner if you suspect recurrence.

Feel free to call my office at **312. 337. 2468** if you have any questions or problems.



George V. Bucciero D. P. M.